



## KIDLINGTON RUNNING CLUB

WE INVITE YOU BACK FOR THE 35th YEAR OF



# MOTA-VATION SUMMER RACE SERIES 2023

UK Athletics Licence to be applied for

Courses measured and certified except Race 5 (off road) - details on website

First aid provided by Critical Care Medical UK to Level 1

**RACE 1 - THURSDAY 27<sup>th</sup> APRIL 7.00 PM START\*\***

CHARLTON-ON-OTMOOR RECREATION GROUND

**RACE 2 - THURSDAY 25<sup>th</sup> MAY 7.15 PM START**

BLETCHINGDON RECREATION GROUND

**RACE 3 - THURSDAY 29<sup>th</sup> June 7.30 PM START**

COMBE RECREATION GROUND

**RACE 4 - THURSDAY 27<sup>th</sup> July 7.30 PM START**

COMBE RECREATION GROUND (TWO LAP COURSE)

**RACE 5 – THURSDAY 31<sup>st</sup> August 7.00 PM START**

STRATFIELD BRAKE RECREATION GROUND

\*\* Single race, unless split for safety reasons (numbers or conditions) in which case men will start at 7.00 and ladies at 7.05

**CLOSING DATE FOR POSTAL ENTRIES – MONDAY 15th APRIL**

**No entries on the night until Race 3 (availability to be determined)**

**Race and series prizes, series team prizes, spot prizes**

**Full changing and shower facilities at all venues**

**Bar and food available at some venues**

**Please read the important information below, and in particular clause 8 which relates to all runners under the age of 18.**

1. We will use chip timing again, provided by Tempo Events. We will also take a manual backup so it is important to continue through the funnel and past our own recorders (and the spot prize distribution point as an incentive...). Individual results are immediately available on the laptops provided. Full race results will appear at <https://www.tempoevents.co.uk>, usually the same evening – please send any queries to them within 48 hours using their contact page, and also send an e-mail to the Entries & Results Secretary, James Moss, at [j.moss139@btinternet.com](mailto:j.moss139@btinternet.com)

2. Tempo Events will be using a toe chip system. **This means that you will be issued with just one number to be used for all races.** Replacements for lost, damaged, or forgotten numbers can be provided for a small additional fee (£2 each time).

3. Numbers will be issued to individual runners at the first race or held for collection at later races.

4. Your number is personal and may **not** be used by any other runner. We will allow transfers to another member of your club provided that you have not run in any previous race this year – requests must be made to the Entries Secretary not less than **seven** days prior to the race.

**5. Please arrive early at Charlton to collect your number. The car park will close at 6.45 to permit runners to assemble in the field adjoining the car park. Please allow plenty of time to arrive in case of traffic problems – we have very limited flexibility to postpone the start, especially if it is cloudy or raining.**

6. We provide free parking at all venues except for the final race at Stratfield Brake. Do **not** park on local roads out of courtesy to residents. For the final race, please use either the Water Eaton Park & Ride of the Oxford Parkway Station car park. Charges apply. Both are around a ten minute walk from the venue.

7. You must name your first club on the entry form and run in that club's vest.

8. Please note that any runner **under the age of 18** is a minor and must have their entry signed by a parent or guardian.

We look forward to seeing you at Charlton or at later races if not then. Locations and course maps can be found on our website, together with full race rules, at [www.kidlingtonrunning.org.uk/mota-vation](http://www.kidlingtonrunning.org.uk/mota-vation)



# MOTA-VATION SUMMER RACE SERIES 2023

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**ENTRY FEES**                      Series                                      £35 EA registered / £38 unregistered  
    Individual Races                      £10 EA registered / £13 unregistered  
    Cheques payable to Kidlington Running Club

## Closing date for postal entries **Monday 15th April**

Please tick *series* or for race(s) you wish to enter and pay for now

**SERIES** .....

**RACE 1 – Thursday 27<sup>th</sup> April      Charlton** .....

**RACE 2 – Thursday 25<sup>th</sup> May      Bletchington** .....

**RACE 3 – Thursday 29<sup>th</sup> June      Combe I** .....

**RACE 4 – Thursday 27<sup>th</sup> July      Combe II** .....

**RACE 5 – Thursday 31<sup>st</sup> August      Kidlington** .....

Surname (CAPS).....

First name (CAPS) .....

Club if applicable (**FIRST CLAIM UKA affiliated or school/university only**)  
.....

England Athletics Registration Number.....

Amount of entry fee: £.....

Age on **27th April 2023**..... DoB ..... Sex ..... [Min. age on race day 15]

Please circle U19M SM VM40 VM50 VM60 VM70 VM80

U19L SL VL35 VL45 VL55 VL65 VL75

Address: .....

.....

Tel.: .....

E-mail: .....

I declare that I am an amateur according to UKA rules, that I will abide by their rules and the rules of this series\*\*, and that I will compete only if medically fit. I agree to participate in this event at my own risk and that the organisers will not be responsible for any injuries sustained by me or for any property lost. I give my consent to participation and sign on behalf of my child if (s)he is under 18.

**\*\* In particular, I accept the ban on the wearing of personal music devices and that I will complete the medical emergency information on the back of my number**

Signed: ..... Date: .....

Send postal entries to:

Race Entries Secretary,  
26 Bicester Road,  
Kidlington,  
Oxon OX5 2LE.

Send e-mail entries to:

[j.moss139@btinternet.com](mailto:j.moss139@btinternet.com)

Tel.: 01865 849361 / 07775 795125

Confirmation will be sent by e-mail – Number issued at venue

Bank Transfer Details:

Account name: Kidlington Running and Athletics Club

Sort code 40 35 34

Account no 82152134

Please state your name and "Mota-vation" as the reference and include a note with your entry form giving the date of the transfer in lieu of a cheque.