Surname	Name	Newbury XC 04/11/2018	Eynsham 10k 25/11/2018	Hooky Christmas Canter 16/12/2018	Horspath XC 06/01/2019	Adderbury XC 03/02/2019	Winslow 10k 24/02/2019	Banbury 15 17/03/2019	Oxon Road Relays 14/04/2019	Charlton Motavation 02/05/2019	Bletchingdon Motavation 06/06/2019 (new date)	Otmoor Challenge 'Half' 08/06/2019	Buckingham Half 09/06/2019	Adderbury 'Half' CANCELLED	Waddesdon 5k 17/07/2019	Alchester Anniversary Event 20/07/2019	Hooky 6 05/08/2019	Oxford Motavation 29/08/2019	Cotswold Classic 10 07/09/2019	Woodstock 12 14/09/2019	Hanney 5 06/10/2019	Bicester parkrun (best time) Nov-Mar	Bicester parkrun Points for 1st half	Bicester parkrun (best time) Apr-Oct	Bicester parkrun points for 2nd half	Any Full Marathon Nov-Oct	Any Marathon	Total Points	Events by runner
SENIOR																													
Bayliss	Olivia	80																										80	1
Fenn	Nicky															100												100	1
Hart	Amie																											0	0
Krzyzowska	Aleksandra				85	85	100	100		90								90	100			23:30	100					750	8
Nelson	Emma	79			80	80			90		85				85			95	85			26:29	85					764	9
Newell	Georgina	90			90	90			100																			370	4
Poulson	Stephanie						90												90			28:22	79					259	3
Salisbury	Ingrid										90				90							24:40	90					270	3
Suter	Sam	100			100	100				100	100	100			100			100										800	8
Thurlow	Lottie																					29:22	77					77	1
Willcox	Emma	78		125		79									80				80							London		442	5
V35																													
Ball	Julia																					27:13	79					79	1
Colclough	Edwina							100		100	100																	300	3
Court	Claire	100		125	100	100			100	90	90					100						21:09	100					905	9
Dale	Sophie								85							80			79			34:30	76					320	4
Dommett	Ellie	80	100	115	80	85	100		90	79	79	100	100		80	79		100	85			27:37	77			Milton Keynes		1429	16
Earley	Katharine														100	90			100									290	3
Henshall	Annelies	85			85	90				85	85							90	90			27:25	78					688	8
Lawrence	Nicola																									London		0	0
Marr	Tracey																											0	0
Martindale	Zoe																											0	0
McBain	Jennifer																					24:17	90					90	1
Morley	Sarah														90	85						26:55	80					255	3
Revill	Danie														78													78	1
Saunders	Mary	90			90										85													265	3
Shanahan	Sarah																											0	0
Stocker	Leanne																					26:15	85					85	1
Ward	Elkie	79		110						80	80	90			79				80			47:37	74					672	8
Warland	Fiona														77							43:24	75					152	2
Whiteside	Emma																											0	0
V45																													
Andrews	Kathryn				78	76	80	85	78	78	79	80	85		85	90	85	79	80			29:43	78			London		1216	15
Bowles	Rachael				79				79																			158	2
Browning	Tess						79																					79	1
Burnby	Clare	85		115	85	79	90	90		80	85		90					80	100			24:49	85					1064	12
Edge	Tracey															100			85									185	2
Fisher	Stephanie	80	100	110	80	78	85		90	79	80	85			90		100	85	90			26:21	79					1311	15
French	Elizabeth					80			85																			165	2
Hawkins	Tina					77			80								90					25:48	80					327	4
Haynes	Nicky			125																						London		125	1
Horwood	Lisa																79					32:27	77					156	2
Hunter	Wendy	90			90			100				90	100			85						23:52	90			London		645	7
Newton	Donna				100	85			100	85	90					80												540	6
Page	Jen																											0	0
Pringle	Julie																80											80	1
Rendell	Sarah					100				100								90				20:43	100					390	4
Usher	Samantha	100				90	100			90	100	100			100			100										780	8
V55																													
Burgess	Clare																											0	0
Harris	Marion			115			100						100						85			35:31	90					490	5
Hughes	Polly									90	100																	190	2
Kerr	Caroline	100	100	125	100	100			100	100					100	100	100	100	100			22:59	100					1325	13
Lepkowska-Hudson	Dorothy																					37:56	85					85	1
Warson	Gillian									85		100			90		90	90	90							Milton Keynes		545	6

Surname	Name	Newbury XC 04/11/2018	Eynsham 10k 25/11/2018	Hooky Christmas Canter 16/12/2018	Horspath XC 06/01/2019	Adderbury XC 03/02/2019	Winslow 10k 24/02/2019	Banbury 15 17/03/2019	Oxon Road Relays 14/04/2019	Charlton Motavation 02/05/2019	Bletchingdon Motavation 06/06/2019 (new date)	Otmoor Challenge 'Half' 08/06/2019	Buckingham Half 09/06/2019	Adderbury 'Half' CANCELLED	Waddesdon 5k 17/07/2019	Alchester Anniversary Event 20/07/2019	Hooky 6 05/08/2019	Oxford Motavation 29/08/2019	Cotswold Classic 10 07/09/2019	Woodstock 12 14/09/2019	Hanney 5 06/10/2019	Bicester parkrun (best time) Nov-Mar	Bicester parkrun Points for 1st half	Bicester parkrun (best time) Apr-Oct	Bicester parkrun points for 2nd half	Any Full Marathon Nov-Oct	Any Marathon	Total Points	Events by runner
SENIOR																													
Bagnall	Jamie		90		77				90	85						85						19:52	75					502	6
Bayliss	Vincente	78			75	78		90	79	78	85					80						19:47	76					643	8
Elms	Michael									75																		75	1
Ford	Will															78												78	1
Fox	David	76		115	73																							264	3
Francis	Richard	80			78	85																18:22	79					322	4
Giles	Antony																											0	0
Godber	Lee											90			90			85										265	3
Green	Rob																											0	0
Hayden	Ashley																											0	0
Hornby	Colin				90		90		85	90	100											18:24	78					533	6
Hurst	Andrew					76				74	79								100			21:37	73					402	5
Ingram	David				79	80				80								90				17:48	85					414	5
Kelly	Andrew			110	74	75	85												85			22:51	72			Liverpool		501	6
Leverton	Paul	90			80	100		100				100										18:10	80					550	6
Long	Lewis																											0	0
Lumley	Christopher	100	100		100	90	100		100	100					100		100	100				17:46	90					1080	11
Mackie	Chris																											0	0
Malone	Niall															100												100	1
Marley	Nigel																											0	0
Poole	Simon	79				79				79	90					90						19:29	77					494	6
Stokes	Ashley															76												76	1
Thatcher	Matthew																					20:44	74					74	1
Tregurtha	David															79												79	1
Varney	Francis	77			76	77			80	77																		387	5
Weeks	Adrian		85						78	76	80					77		80	90			23:13	71					637	8
Woodruff	Tom																									Milton Keynes		0	0
Wright	James	85		100	85																	17:19	100			Blackpool		370	4
V40																													
Bowen	Alan	77			79	79		85		79	80		85			75	100	78				19:43	78					895	11
Bowles	Andrew								80										90									170	2
Evans	Rob	76			76	78				75	77					77		74				22:04	74					607	8
Fisher	Mike	74		115	75	76	79			72					79	100	80	68	78			25:35	68					964	12
French	Kevin									80	85					79		80				19:07	80					404	5
Gould	Richard	100			100	100				90	90							85				17:49	85			Manchester		650	7
Grainge	Matthew												90															90	1
Greig	Neil	85	100				100	100	100	100								100				17:36	100					785	8
Hill	Graham																	69				24:58	69					138	2
Hopcroft	Steven																											0	0
Hunter	Ian	80			85			90				100	100			80		79				19:14	79			London		693	8
Keaney	Peter						80								85	85	85	73	79			22:59	73					560	7
Kerr	Alasdair	79	90		78	80	85			78	78	90				72		77				19:48	77					884	11
Lancaster	Ian					77										73		72				22:19	72					294	4
Prior	Adrian									73																		73	1
Stickley	Andrew	90			90	90				85	100					74		90	100			17:48	90					809	9
Silvey	Andy				74	75	78		79																			306	4
Warland	Gary	78	85	125	80	85	90		90	77	79				100	71		76				20:28	76					1112	13
Webb	Lawrence											80			80	78			80									318	4
Wellstead	Jon																											0	0
Whiteley	Kevin																	70				23:59	70					140	2
White	Jonathan								85	76	76	85	80		90	90	90	75	85			21:20	75					907	11
Worfolk	Simon	75			77					74	75					76		71				23:17	71					519	7
V50																													
Best	Simon	90	90		90	90	90	90	90	90	100				90	85		90				21:23	90					1175	13
Bowen	Steve						80			79	85				80	80		78	100			24:53	78					660	8
Cherry	Nick															79												79	1
Curtis	Chris																											0	0
Grieve	Graham								85							90										Manchester		175	2
Hine	Alan									85					85	100	90	85				23:27	85					530	6
O'Gorman	Shaun	100	100		100	100	100	100	100	100		100			100		100	100				19:08	100					1300	13
Owen	Rick																											0	0
Sangar	Stephen	80		125	80	80	85		80	80	90		100		79	78	85	79				24:03	79					1200	14
Wells	Stewart	85			85	85										100		80	90			23:45	80					605	7
V60																													
Burgess	Jonathan	100			90	90										100												380	4
Galuszka	John																											0	0
Ingram	John																											0	0
Kerr	Robert			125	85	100				100					100	85	100	100	100			20:39	100					995	10
Nelson	John		100		100																							200	2
Smee	Tim															90												90	1
V70																													
Basham	David			125			100					100			100	100	100	100	100			26:34	100			London		925	9
Lambert	Nigel	100	100	115	100	100			100	100					90	90	90	90				27:04	90					1165	12

Month	Race	Venue	Terrain	Competition	Distance	Website
November	Oxfordshire League XC (5th Nov)	Newbury Showgound	Cross Country	Oxfordshire League	Men = 8k - 10k & ladies = 5.5k - 6k	http://oxonxc.org.uk/events/index.php?viewevent=1824
	Eynsham 10k (25th Nov)	Eynsham	Road	Oxon GP 2018	10k	http://www.eynshamroadrunners.org.uk/10k/
December	Hooky Christmas Canter (16th Dec)	Hook Norton	Multi-terrain	**Bonus points for fancy dress**	7 miles approx	http://www.hooknortonharriers.org.uk/our-races/
January	Oxfordshire League XC (6th Jan)	Horspath	Cross Country	Oxfordshire League	Men = 8k - 10k & ladies = 5.5k - 6k	http://oxonxc.org.uk/events/index.php?viewevent=1826
February	Oxfordshire League XC (3rd Feb)	Adderbury	Cross Country	Oxfordshire League	Men = 8k - 10k & ladies = 5.5k - 6k	http://oxonxc.org.uk/events/index.php?viewevent=1828
	Winslow 10k (24th Feb)	Winslow, Bucks	Road	N/A	10k	https://www.runbritain.com/RaceDetail.aspx?eventid=75b40cc05f56&raceid=7cb509cb5e65
March	Banbury 15 (17th March)	Banbury	Road	Oxon GP 2019	15 miles	http://www.banburyharriers.org/banburyruninfo.asp
April	Oxon Road Relays (14th April)	Abingdon	Road	Oxon GP 2020	3.5 miles approx	Date & Venue TBC
May	Charlton Motavation (2nd May)	Charlton-on-Otmoor	Road	Motavation & Oxon GP 2020	4.1 miles	http://www.kidlingtonrunning.org.uk/mota-vation
	Bletchingdon Motivation (30th May)	Bletchingdon	Road	Motivation 2019	4.25 miles	http://www.kidlingtonrunning.org.uk/mota-vation
June	Otmoor Challenge (8th June)	Horton-cum-Studley	Multi-terrain	N/A	!3 miles approx	http://www.otmoorchallenge.co.uk/index.html
	Buckingham Half (9th June)	Buckingham	Road	N/A	13.1 miles	http://buckinghamrunningclu.ipage.com/the-buckingham-half-marathon-2019/
July	Adderbury "Half" &7th July) CANCELLED	Adderbury	Multi-terrain	N/A	13-14 miles	http://www.adderburyrunningclub.co.uk/
	Waddesdon 5k (17th July)	Waddesdon Manor	Road	N/A	5k	http://www.voaac.org.uk/waddesdon-manor-5k/
	Alchester Anniversary Event (20th July)	TBC	TBC	N/A	5k (relay leg)	TBC
August	Hooky 6 (4th August)	Hook Norton	Road	Oxon GP 2019	6 miles	http://www.hooknortonharriers.org.uk/our-races/
	Oxford Motavation : Stratfield Brake (28th August)	Marston Ferry Road, Oxford	Road	Motavation 2019	4.1 miles	http://www.kidlingtonrunning.org.uk/mota-vation
September	Cotswold Classic / Witney 10 (7th September)	Witney	Road	Oxon GP 2019	10 miles	http://www.witneyroadrunners.co.uk/cotswoldclassic/
	Woodstock 12 (14th September)	Blenheim Palace	Road	Oxon GP 2019	12 miles	http://www.woodstockharriers.com/df.asp?lblref=df040
October	Hanney 5 (6th October)	Hanney	Road	Oxon GP 2019	5 miles	http://www.oxfordcityathleticclub.com/hanney-5
		This will be updated as dates become known				

Plus

Bicester Parkrun (2)	November 1st - March 31st	April 1st - October 31st	Best time to count
Any Marathon	November 1st - October 31st	including any as part of a "Power of 10 equivalent" registered Ironman (must be entered as Alchester)	

Rules

Best 12 results to count

Scores only valid for first claim runners

25 bonus points if you do Hooky Christmas Canter in fancy dress

Club Championship Rules 2018-19

1. Runner must be a current First-Claim Alchester RC member at the time of the event, and must appear in their own name on race results to score points.
2. Club vest/ shirt must be worn to accumulate points. No club vest/ shirt, no points. The only exception to this may be the marathon (if there is good reason, eg. running in charity vest), Hooky Christmas Canter (if fancy dress is worn) and parkrun.
3. Club name 'Alchester RC' must be entered on race entry/ results.
4. Points will be scored in each age category as follows, and from 'Chip time' where applicable: 1st place 100 points; 2nd place 90 points; 3rd place 85 points; 4th place 80 points; 5th place 79 points. Each following position will score 1 less point than the preceding scorer. DNS/DNF will not score points.

4a. Each participant will only score points in the age category that they are in at the start of the championship, or upon joining the club.

4b. Points will be awarded for completion of a full certified and measured marathon (UKA or international equivalent, or as part of an Ironman 140.6) - awarded by time in each age category, and using the same points listed above.

4c. Minimum of 6 events to qualify for the championship.

4d. Maximum of 12 events to count towards total.

4e. It is the responsibility of the participant to e-mail their best parkrun and marathon time to jenniferpyper36@hotmail.com

5. In the event of a tie, head-to-head results will be used to determine the winner.
6. In the event of a race being cancelled, we reserve the right to add in another.